



Free Small-Group Training on Using Accessible CTA, Pace, and Metra Public Transportation

Accessible CTA, Metra and Pace mainline service is easy to use and the RTA would love to show you how! It is important that people with disabilities and senior citizens stay informed about accessible public transportation options in order to get to appointments, maintain social connections, and maximize their contact with the outside world.

The RTA is offering **free** small group training sessions on topics including:

- An introduction and overview of accessibility of CTA and Pace buses and CTA and Metra trains
- The benefits of using the accessible CTA, Pace, and Metra systems
- Trip planning—done easily online or via live telephone operator
- An explanation of maps, schedules, and station accessibility
- How to reduce travel-related anxiety
- Tips to help people travel safely, easily, and arrive at their destination
- Information about paying fares and applying for fare reductions

Small Group Sessions Are:

Offered in Groups of 2-6 Individuals

At Your Location

Psycho-Educational and Interactive

1 ½ Hours in Length

Tailored to Your Specific Audience and Needs

Computer labs can be utilized to demonstrate online trip planning
Useful websites and printed materials will be provided, **free of charge!**

**To schedule a presentation or request further information, contact:
Craig Yunker at moreabled@gmail.com or (847) 704-2661**

About the Presenter: Craig Yunker was a state-champion bodybuilder at 18. Four years later a diving accident cost him the use of his body and nearly his life. Now a quadriplegic, Craig has relied upon wheelchairs, caregivers, and public transportation for the past seventeen years. Through much pain and struggle, Craig first discovered his ability to help himself, then rediscovered his passion for helping others. He then earned a Bachelor's Degree in Business/MIS from the University of Illinois, and a Master's Degree in Counseling Psychology from Northwestern University. Craig is also the President & Founder of MoreAble Inc., an organization devoted to addressing the needs of people with disabilities from a person-centered, rather than disability-centered perspective.