



Connecting Older Adults with Community-based Resources and Options

**FOR IMMEDIATE RELEASE**

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**Media Advisory**

**Legislators and Senior Service Agency Leaders to Discuss  
Issues Concerning Older Adults at AgeOptions Breakfasts**

State legislators and leaders of community-based senior services agencies will meet to discuss issues of importance to older residents of suburban Cook County, their caregivers and the agencies that serve them at a series of Legislative Breakfasts hosted by AgeOptions and local community agencies.

**Members of the news media are welcome to attend.** Locations, dates and times are listed below.

Participants at the breakfasts will share information, exchange ideas and discuss plans for the future in serving the older population.

“With the impact of the recession on local and state services, it is essential that elected leaders and senior service providers communicate on the state of senior services, that they not allow any older person to be lost because of safety net changes, and that they work together to assure benefits and services continue for older persons,” said Jonathan Lavin, AgeOptions president and CEO.

“For the past 38 years the suburban Cook County aging network has provided assistance to hundreds of thousands of older residents. This partnership is relied upon by state, local, county and federal elected officials to inform, guide and serve older persons and those who care about them,” Lavin said.

Community agencies participating are: PLOWS Council on Aging, North Shore Senior Center, Kenneth Young Center, Catholic Charities Northwest, Palatine Township Senior Citizens Council and Bremen Township.

AgeOptions is charged by the federal Older Americans Act and the Illinois Act on Aging with developing plans and implementing services for older persons that will be provided through community-based senior service agencies. Those plans seek to support programming at the community level and provide advocacy on behalf of more than 481,000 older adults residing in suburban Cook County.

AgeOptions distributes more than \$14 million in federal and state funds, along with contributions from philanthropic foundations and individuals. These funds allow community organizations to provide services for older adults in suburban Cook County, including elder abuse and neglect intervention services; information on health care choices; economic security planning; mobility support; employment opportunities; health promotion and disease prevention; nutritious home-delivered and congregate meals; support services for caregivers; and advice from the AgeOptions information and assistance staff on accessing benefits and services.

**Dates and Locations of Legislative Breakfasts**

Breakfasts will be from 8:30 to 10 am.

<b>Date</b>	<b>Local Agency Host</b>	<b>Location</b>
Jan. 19	AgeOptions	1048 Lake St., Suite 300 Oak Park
Jan. 23	PLOWS Council on Aging	Water’s Edge Golf Course 7205 W. 115th Street (115th and Harlem) Worth
Jan. 27	Kenneth Young Center, Catholic Charities Northwest and Palatine Township Senior Citizens Council	1001 Rohlwing Rd. Elk Grove Village
Feb. 14	Bremen Township	15350 S. Oak Park Ave Oak Forest

**AgeOptions** and its network of community agencies are the principal source of information regarding senior services in suburban Cook County, Ill. A nonprofit organization located in Oak Park, AgeOptions has served the older adults of suburban Cook County and their caregivers as an Area Agency on Aging since 1974. For more information, please visit the Agency website at [www.ageoptions.org](http://www.ageoptions.org).

AgeOptions connects adults age 60 and over with resources and service options so they can live their lives to the fullest and remain in their homes as long as possible. In 2010 we met the needs of more than 198,500 individuals in 130 communities within 30 townships that have a diverse population of 460,000 older adults. AgeOptions advocates, plans, develops and funds programs and coordinates a network of community-based senior service agencies to ensure an effective and efficient system of service delivery. Support is provided through the Older Americans Act, Illinois General Revenue Funds, local funds and individual contributions.